

**A New Approach To THE GENESIS OF HYPNOSIS:
A GIFT OF LOVE AND SECURITY**

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Hypnotic phenomena have been harvested by human beings for millennia and utilised for curative and other purposes for the benefit of the human race. It is proposed that hypnosis as a spiritual entity, emanating from within the self, reaching genesis in utero and manifesting itself thereafter throughout the human life, is an extremely powerful force, promoting both positive and negative achievements. An abridged review of the literature on the essence of hypnosis is offered, including consideration of some of the limitations imposed by the experimental approach to the investigation of hypnosis. This is followed by a discussion of the principles underlying the core concepts of the proposed theory, with reference to historical observations and real life experiences in the form of case studies. The authors conclude that hypnosis, as a naturally occurring phenomenon, can provide all the capacities to help human beings in their endeavour to create and maintain happiness in the universe.